

THE 5 TARGETS MIND MAP

+ This mind map serves as a guide to direct you towards the most important aspects of the 5 Targets. In the center is you. In the middle is you. The 5 Targets revolve around you and the choices you make. The size of each Target should be the level of importance given to each one. Every target is essential. However, not every target is equally essential. Family is more important than Fitness. However, Faith is more important than Family.

